



**FUEL
YOUR
PASSION**

SPIRE Lacrosse Camp – “Know the Game” Camp

Time	Activity
	<i>Sunday - Day 1</i>
11:30 am-12	<i>Check-in/move in: (Lobby Main Field & Courts Entrance)</i>
12-1pm	<i>Lunch (Overnighters/Commuters)</i>
1:30pm-4:30pm	<i>Session 1: Skills/Drills</i>
5pm-6pm	<i>Dinner (Overnighters/Commuters)</i>
7pm-8:30pm	<i>Session 2: Skills/Drills/Games</i>
8:30pm	<i>Day Campers head out</i>
9pm	<i>Dorm (Overnighters)</i>
	<i>Monday - Day 2</i>
8:30am-9am	<i>Breakfast (Overnighters)</i>
9am	<i>Day Campers Arrive (Commuters Arrive-Lobby Main F&C Entrance)</i>
9:30am-11:30am	<i>Session 3: Skills/Drills</i>
12-1pm	<i>Lunch (Overnighters/Commuters)</i>
2pm-5pm	<i>Session 4: Skills/Drills/Games</i>
5:30pm-6:30pm	<i>Dinner (Overnighters/Commuters)</i>
6:30pm-8:30pm	<i>Session 5 Drills/Games</i>
8:30pm	<i>Day Campers head out</i>
9pm	<i>Dorm</i>
	<i>Tuesday - Day 3</i>
8:30am-9am	<i>Breakfast (Overnighters)</i>
9am	<i>Day Campers Arrive (Commuters Arrive-Lobby Main F&C Entrance)</i>
9:30am-11:30am	<i>Session 6: Games</i>
12-1pm	<i>Checkout (All Campers-Lobby Main F&C Entrance)</i>